

3125 RCACC Training Schedule

Current as of 9 Jan 17

DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
09-Jan-17	1 19:00 - 19:30	M-108.04	Drill - Close to the Right and Left.	C-121.02	Bivouac Exercise - Participate in a Discussion on Cold Climate Exposure	M-308.02	Drill - Deliver Words of Command	M-408.04b	Drill - Inspect a Cadet on Parade
	Instructor		Sgt Dale	Instructor	MCpl Fink	Instructor	WO Cairns	Instructor	CWO Cairns
	Location			Location		Location		Location	
	2 19:40 - 20:10	C-121.02	Bivouac Exercise - Participate in a Discussion on Cold Climate Exposure.	M-208.02	Drill - Form Single File From the Halt	M-309.04	Instructional Techniques - Describe Questioning Techniques	M-407.03a	General Cadet Knowledge - Identify the Structure of a Cadet Corps
	Instructor		Sgt Blain	Instructor	WO Cairns	Instructor	MWO Parry	Instructor	CI Dunn
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-121.03	Bivouac Exercise - Select Cold Weather Clothing.	C-207.01	General Cadet Knowledge - Identify the Rank Structure of the Royal Canadian Sea and Air Cadets	C-309.05a	Instructional Techniques - Plan a Drill Lesson	M-407.03b	General Cadet Knowledge - Identify the Structure of a Cadet Corps
	Instructor		Sgt Blain	Instructor	OCdt Frizzell	Instructor	MWO Parry	Instructor	CI Dunn
	Location			Location		Location		Location	
16-Jan-17	1 19:00 - 19:30	M-120.02	Canadian Forces Familiarization - Describe the History and Traditions of the Affiliated Unit.	C-121.03	Bivouac Exercise - Select Cold Weather Clothing	C-309.05b	Instructional Techniques - Plan a Drill Lesson	M-420.02a	Canadian Forces Familiarization - Identify the History of the Canadian Army
	Instructor		CI Dunn	Instructor	Sgt Blain	Instructor	CWO Cairns	Instructor	OCdt Frizzell
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-103.03a	Leadership - Participate in Team Building Activities.	C-203.03a	Leadership - Discuss Characteristics of a Leader	M-303.05a	Leadership - Supervise Cadets	M-420.02b	Canadian Forces Familiarization - Identify the History of the Canadian Army
	Instructor		Sgt Dale	Instructor	WO Cairns	Instructor	MWO Parry	Instructor	OCdt Frizzell
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-103.03b	Leadership - Participate in Team Building Activities.	C-203.03b	Leadership - Discuss Characteristics of a Leader	M-303.05b	Leadership - Supervise Cadets	M-420.02c	Canadian Forces Familiarization - Identify the History of the Canadian Army
	Instructor		Sgt Dale	Instructor	WO Cairns	Instructor	MWO Parry	Instructor	OCdt Frizzell
	Location			Location		Location		Location	

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Current as of 9 Jan 17

DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
23-Jan-17	1 19:00 - 19:30	C-207.02a	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02a	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02a	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02a	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron
	Instructor		Capt Ada Fong	Instructor	Capt Ada Fong	Instructor	Capt Ada Fong	Instructor	Capt Ada Fong
	Location			Location		Location		Location	
	2 19:40 - 20:10	C-207.02b	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02b	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02b	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02b	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron
	Instructor		Capt Ada Fong	Instructor	Capt Ada Fong	Instructor	Capt Ada Fong	Instructor	Capt Ada Fong
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-207.02c	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02c	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02c	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron	C-207.02c	General Cadet Knowledge - Visit a Local Cadet Corps or Squadron
	Instructor		Capt Ada Fong	Instructor	Capt Ada Fong	Instructor	Capt Ada Fong	Instructor	Capt Ada Fong
	Location			Location		Location		Location	
30-Jan-17	1 19:00 - 19:30	M-108.05	Drill - Execute Paces Forward and to the Rear.	M-203.05	Leadership - Discuss Influence Behaviours	M-320.03	Canadian Forces Familiarization - Discuss Ways Canadian Citizens Recognize the Service of Canadian Forces (CF) Members	C-123.02	Hiking & Trekking - Explain Snowshoe March Discipline.
	Instructor		Sgt Blain	Instructor	WO Cairns	Instructor	OCdt Frizzell	Instructor	MWO Parry
	Location			Location		Location		Location	
	2 19:40 - 20:10	C-121.04a	Bivouac Exercise - Recognize the Effects of Cold Weather.	C-121.04a	Bivouac Exercise - Recognize the Effects of Cold Weather	M-322.02a	Navigation - Calculate Magnetic Declination	M-403.04a	Leadership - Provide Feedback to Team Members
	Instructor		MCpl Fink	Instructor	Sgt Dale	Instructor	CI Dunn	Instructor	WO Cairns
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-121.04b	Bivouac Exercise - Recognize the Effects of Cold Weather.	C-121.04b	Bivouac Exercise - Recognize the Effects of Cold Weather	M-322.02b	Navigation - Calculate Magnetic Declination	M-403.04b	Leadership - Provide Feedback to Team Members
	Instructor		MCpl Fink	Instructor	Sgt Dale	Instructor	CI Dunn	Instructor	WO Cairns
	Location			Location		Location		Location	

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DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
06-Feb-17	1 19:00 - 19:30	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-122.01	Navigation - Identify Types of Maps.	M-203.06a	Leadership - Employ Problem Solving	M-303.06a	Leadership - Solve Problems	M-409.02a	Instructional Techniques - Identify Elements of a Positive Learning Environment
	Instructor		MCpl Fink	Instructor	Sgt Dale	Instructor	WO Cairns	Instructor	CI Dunn
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-106.01	Air Rifle Marksmanship - Identify the Parts and Characteristics of the Daisy 853C Air Rifle.	M-203.06b	Leadership - Employ Problem Solving	M-303.06b	Leadership - Solve Problems	M-409.02b	Instructional Techniques - Identify Elements of a Positive Learning Environment
	Instructor		Sgt Blain	Instructor	Sgt Dale	Instructor	WO Cairns	Instructor	CI Dunn
Location			Location		Location		Location		
13-Feb-17	1 19:00 - 19:30	C-104.01a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-204.01a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-304.01a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-404.01a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
No Cadets Next Week	Instructor		CWO Cairns	Instructor	CWO Cairns	Instructor	CWO Cairns	Instructor	CWO Cairns
	Location			Location		Location		Location	
	2 19:40 - 20:10	C-104.01b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-204.01b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-304.01b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-404.01b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
	Instructor		CWO Cairns	Instructor	CWO Cairns	Instructor	CWO Cairns	Instructor	CWO Cairns
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-104.01c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-204.01c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-304.01c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	C-404.01c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
	Instructor		CWO Cairns	Instructor	CWO Cairns	Instructor	CWO Cairns	Instructor	CWO Cairns
Location			Location		Location		Location		

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DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
27-Feb-17	1 19:00 - 19:30	M-108.06	Drill - Execute the Movements Required for a Right Dress.	M-201.01	Citizenship - Discuss the Rights and Responsibilities of a Canadian Citizen	C-308.01a	Drill - Execute Flag Drill	C-308.01a	Drill - Execute Flag Drill
	Instructor		Sgt Blain	Instructor	OCdt Frizzell	Instructor	WO Cairns	Instructor	WO Cairns
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-106.02	Air Rifle Marksmanship - Carry Out Safety Precautions on the Cadet Air Rifle.	M-203.07	Leadership - Discuss Personal Integrity as a Quality of Leadership	C-308.01b	Drill - Execute Flag Drill	C-308.01b	Drill - Execute Flag Drill
	Instructor		Sgt Dale	Instructor	CI Dunn	Instructor	WO Cairns	Instructor	WO Cairns
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-108.01a	Drill - Execute Supplementary Drill Movements.	M-203.08	Leadership - Participate in Team-Building Activities	M-303.07a	Leadership - Lead Cadets Through a Leadership Assignment	C-407.01a	General Cadet Knowledge - Prepare for a Merit Review Board
	Instructor		MCpl Fink	Instructor	Sgt Blain	Instructor	MWO Parry	Instructor	CWO Cairns
	Location			Location		Location		Location	
06-Mar-17	1 19:00 - 19:30	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-122.02a	Navigation - Identify Marginal Information and Conventional Signs.	M-220.02a	Canadian Forces Familiarization - Participate in a Discussion on Peace Support Operations of the Canadian Forces (CF)	M-303.07b	Leadership - Lead Cadets Through a Leadership Assignment	M-403.05a	Leadership - Participate in a Mentoring Relationship
	Instructor		MCpl Fink	Instructor	Tpr Chadwick Cairns	Instructor	Sgt Blain	Instructor	CI Dunn
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-122.02b	Navigation - Identify Marginal Information and Conventional Signs.	M-220.02b	Canadian Forces Familiarization - Participate in a Discussion on Peace Support Operations of the Canadian Forces (CF)	M-322.03	Navigation - Identify Components of the Global Positioning System	M-403.05b	Leadership - Participate in a Mentoring Relationship
	Instructor		MCpl Fink	Instructor	Tpr Chadwick Cairns	Instructor	Sgt Dale	Instructor	CI Dunn
	Location			Location		Location		Location	

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13-Mar-17	1 19:00 - 19:30	M-108.07	Drill - Execute an Open Order and Close Order March.	C-203.05	Leadership - Participate in Trust-Building Activities	M-322.04	Navigation - Identify Features of a Global Positioning System Receiver	M-409.03a	Instructional Techniques - Describe Learner Needs
	Instructor		MCpl Fink	Instructor	Sgt Blain	Instructor	WO Cairns	Instructor	CWO Cairns
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-106.03a	Air Rifle Marksmanship - Apply Basic Marksmanship Techniques.	M-222.01a	Navigation - Review Green Star Navigation	M-309.05a	Instructional Techniques - Select Appropriate Instructional Aids	M-409.03b	Instructional Techniques - Describe Learner Needs
	Instructor		OCdt Frizzell	Instructor	Sgt Blain	Instructor	MWO Parry	Instructor	CWO Cairns
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-106.03b	Air Rifle Marksmanship - Apply Basic Marksmanship Techniques.	M-222.01b	Navigation - Review Green Star Navigation	M-309.05b	Instructional Techniques - Select Appropriate Instructional Aids	M-409.04	Instructional Techniques - Explain Assessment
	Instructor		OCdt Frizzell	Instructor	Sgt Blain	Instructor	MWO Parry	Instructor	CWO Cairns
	Location			Location		Location		Location	
20-Mar-17	1 19:00 - 19:30	M-108.08	Drill - March and Halt in Quick Time.	C-108.01c	Drill - Execute Supplementary Drill Movements	M-309.06a	Instructional Techniques - Plan a Lesson	C-409.01a	Instructional Techniques - Plan a Lesson
	Instructor		MCpl Fink	Instructor	Sgt Blain	Instructor	CWO Cairns	Instructor	WO Cairns
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-106.04	Air Rifle Marksmanship - Follow Rules and Commands on an Air Rifle Range.	M-223.01a	Hiking & Trekking - Prepare for Trekking	M-309.06b	Instructional Techniques - Plan a Lesson	C-208.01a	Drill - Practice Ceremonial Drill as a Review
	Instructor		CI Dunn	Instructor	Sgt Dale	Instructor	CWO Cairns	Instructor	WO Cairns
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-108.09	Drill - Execute Marking Time, Forward, and Halting in Quick Time.	M-223.01b	Hiking & Trekking - Prepare for Trekking	M-309.07a	Instructional Techniques - Instruct a 15-Minute Lesson	C-208.01b	Drill - Practice Ceremonial Drill as a Review
	Instructor		Sgt Blain	Instructor	Sgt Dale	Instructor	CWO Cairns	Instructor	WO Cairns
	Location			Location		Location		Location	

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DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
27-Mar-17	1 19:00 - 19:30	C-108.01b	Drill - Execute Supplementary Drill Movements.	C-108.01d	Drill - Execute Supplementary Drill Movements	M-325.01	Outdoor Leadership - Participate in a Discussion on Army Cadet Expedition Training	M-409.05a	Instructional Techniques - Instruct a 30-Minute Lesson
	Instructor		Sgt Dale	Instructor	WO Cairns	Instructor	CWO Cairns	Instructor	CI Dunn
	Location			Location		Location		Location	
	2 19:40 - 20:10	C-307.02a	General Cadet Knowledge - Participate in a Presentation Given by the Cadet Liaison Officer (CLO)	C-108.01e	Drill - Execute Supplementary Drill Movements	M-322.05a	Navigation - Set a Map Datum on a Global Positioning System Receiver	M-409.05b	Instructional Techniques - Instruct a 30-Minute Lesson
	Instructor			Instructor	WO Cairns	Instructor	MWO Parry	Instructor	CI Dunn
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-307.02b	General Cadet Knowledge - Participate in a Presentation Given by the Cadet Liaison Officer (CLO)	C-108.01f	Drill - Execute Supplementary Drill Movements	M-322.05b	Navigation - Set a Map Datum on a Global Positioning System Receiver	M-409.05c	Instructional Techniques - Instruct a 30-Minute Lesson
	Instructor			Instructor	WO Cairns	Instructor	MWO Parry	Instructor	CI Dunn
	Location			Location		Location		Location	
03-Apr-17	1 19:00 - 19:30	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-122.03	Navigation - Interpret Contour Lines.	M-222.02a	Navigation - Describe Bearings	C-308.01c	Drill - Execute Flag Drill	C-308.01c	Drill - Execute Flag Drill
	Instructor			Instructor	Capt Carpino	Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-123.01	Hiking & Trekking - Select Hiking Clothing and Equipment.	M-222.02b	Navigation - Describe Bearings	C-308.01d	Drill - Execute Flag Drill	C-308.01d	Drill - Execute Flag Drill
	Instructor			Instructor	Capt Carpino	Instructor		Instructor	
	Location			Location		Location		Location	

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DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
10-Apr-17	1 19:00 - 19:30	M-108.10	Drill - Execute a Salute on the March.	M-223.02	Hiking & Trekking - Identify Hiking/Trekking Associations	M-307.03	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-408.01	Drill - Discuss the History of Drill
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	C-307.03a	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-307.03a	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-307.03a	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-307.03a	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-307.03b	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-307.03b	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-307.03b	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)	C-307.03b	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker from the Army Cadet League of Canada (ACLC)
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
17-Apr-17	1 19:00 - 19:30	Easter Monday		Easter Monday		Easter Monday		Easter Monday	
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	Easter Monday		Easter Monday		Easter Monday		Easter Monday	
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:30 - 21:00	Easter Monday		Easter Monday		Easter Monday		Easter Monday	
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	

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DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
24-Apr-17	1 19:00 - 19:30	M-122.04	Navigation - Orient a Map by Inspection.	M-222.03	Navigation - Identify Compass Parts	M-309.07b	Instructional Techniques - Instruct a 15-Minute Lesson	M-403.06	Leadership - Act as a Team Leader During a Leadership Appointment
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-108.11	Drill - Pay Compliments With a Squad on the March.	M-223.03a	Hiking & Trekking - Participate in a Discussion on Crossing Obstacles While Trekking	M-325.02a	Outdoor Leadership - List the Competencies of an Outdoor Leader	C-425.01a	Outdoor Leadership - Discuss Actions Taken When a Person is Lost
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-108.01c	Drill - Execute Supplementary Drill Movements.	M-223.03b	Hiking & Trekking - Participate in a Discussion on Crossing Obstacles While Trekking	M-325.02b	Outdoor Leadership - List the Competencies of an Outdoor Leader	C-425.01b	Outdoor Leadership - Discuss Actions Taken When a Person is Lost
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
01-May-17	1 19:00 - 19:30	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-122.05a	Navigation - Determine a Grid Reference.	C-203.06a	Leadership - Participate in Problem-Solving Activities	C-307.01a	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker From the Regional Cadet Support Unit (RCSU)	C-307.01a	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker From the Regional Cadet Support Unit (RCSU)
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-122.05b	Navigation - Determine a Grid Reference.	C-203.06b	Leadership - Participate in Problem-Solving Activities	C-307.01b	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker From the Regional Cadet Support Unit (RCSU)	C-307.01b	General Cadet Knowledge - Participate in a Presentation Given by a Guest Speaker From the Regional Cadet Support Unit (RCSU)
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	

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DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
08-May-17	1 19:00 - 19:30	M-104.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-204.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-304.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-404.03a	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
			Instructor		Instructor		Instructor		Instructor
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-104.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-204.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-304.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-404.03b	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
			Instructor		Instructor		Instructor		Instructor
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-104.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-204.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-304.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness	M-404.03c	Personal Fitness and Healthy Living - Participate in the Cadet Fitness Assessment and Identify Strategies for Improving Personal Physical Fitness
			Instructor		Instructor		Instructor		Instructor
	Location			Location		Location		Location	
15-May-17	1 19:00 - 19:30	C-120.03a	Canadian Forces Familiarization - Participate in a Discussion of a Soldier's Experience.	M-201.02	Citizenship - Discuss the Principles of Environmental Stewardship	M-325.03	Outdoor Leadership - Discuss Self-Awareness and Professional Conduct as a Competency of an Outdoor Leader	C-409.01b	Instructional Techniques - Plan a Lesson
			Instructor		Instructor		Instructor		Instructor
	Location			Location		Location		Location	
	2 19:40 - 20:10	C-120.03b	Canadian Forces Familiarization - Participate in a Discussion of a Soldier's Experience.	C-224.02a	Survival - Prepare a Signal Fire	C-308.01e	Drill - Execute Flag Drill	C-308.01e	Drill - Execute Flag Drill
			Instructor		Instructor		Instructor		Instructor
	Location			Location		Location		Location	
	3 20:30 - 21:00	C-120.03c	Canadian Forces Familiarization - Participate in a Discussion of a Soldier's Experience.	C-224.02b	Survival - Prepare a Signal Fire	C-308.01f	Drill - Execute Flag Drill	C-308.01f	Drill - Execute Flag Drill
			Instructor		Instructor		Instructor		Instructor
	Location			Location		Location		Location	

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DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
22-May-17	1 19:00 - 19:30	Victoria Day		Victoria Day		Victoria Day		Victoria Day	
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	Victoria Day		Victoria Day		Victoria Day		Victoria Day	
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:30 - 21:00	Victoria Day		Victoria Day		Victoria Day		Victoria Day	
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
29-May-17	1 19:00 - 19:30	M-105.01g	Physical Activities - Participate in Physical Activities	M-205.01g	Physical Activities - Participate in Organized Recreational Team Sports	M-309.07c	Instructional Techniques - Instruct a 15-Minute Lesson	M-405.01g	Physical Activities - Participate in Organized Recreational Team Sports.
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	2 19:40 - 20:10	M-105.01h	Physical Activities - Participate in Physical Activities	M-205.01h	Physical Activities - Participate in Organized Recreational Team Sports	C-309.06a	Instructional Techniques - Instruct a 15-Minute Drill Lesson	M-405.01h	Physical Activities - Participate in Organized Recreational Team Sports.
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	
	3 20:30 - 21:00	M-105.01i	Physical Activities - Participate in Physical Activities	M-205.01i	Physical Activities - Participate in Organized Recreational Team Sports	C-309.06b	Instructional Techniques - Instruct a 15-Minute Drill Lesson	M-405.01i	Physical Activities - Participate in Organized Recreational Team Sports.
	Instructor			Instructor		Instructor		Instructor	
	Location			Location		Location		Location	

3125 RCACC Training Schedule

Current as of 9 Jan 17

DATE	PERIOD	PO/EO	Green Star	PO/EO	Red Star	PO/EO	Silver Star	PO/EO	Gold Star
05-Jun-17	1 19:00 - 19:30	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade	CO Parade	Commanding Officer's Parade
		Instructor		Instructor		Instructor		Instructor	
		Location		Location		Location		Location	
	2 19:40 - 20:10	C-108.01d	Drill - Execute Supplementary Drill Movements.			C-309.06c	Instructional Techniques - Instruct a 15-Minute Drill Lesson	C-407.01b	General Cadet Knowledge - Prepare for a Merit Review Board
		Instructor		Instructor		Instructor		Instructor	
		Location		Location		Location		Location	
	3 20:30 - 21:00	C-108.01e	Drill - Execute Supplementary Drill Movements.			C-309.03a	Instructional Techniques - Instruct a 15-Minute Lesson	C-407.01c	General Cadet Knowledge - Prepare for a Merit Review Board
		Instructor		Instructor		Instructor		Instructor	
		Location		Location		Location		Location	
12-Jun-17	1 19:00 - 19:30	C-220.02a	Canadian Forces Familiarization - Participate in a Canadian Forces (CF) Presentation			C-309.03b	Instructional Techniques - Instruct a 15-Minute Lesson		
		Instructor		Instructor		Instructor		Instructor	
		Location		Location		Location		Location	
	2 19:40 - 20:10	C-220.02b	Canadian Forces Familiarization - Participate in a Canadian Forces (CF) Presentation			C-309.03c	Instructional Techniques - Instruct a 15-Minute Lesson		
		Instructor		Instructor		Instructor		Instructor	
		Location		Location		Location		Location	
	3 20:30 - 21:00	C-220.02c	Canadian Forces Familiarization - Participate in a Canadian Forces (CF) Presentation						
		Instructor		Instructor		Instructor		Instructor	
		Location		Location		Location		Location	